

The CRAFFT-II Screening Interview

Begin: "I'm going to ask you a few questions that I ask all students. Please be honest. I will keep your answers confidential."

Part A

During the PAST 12 MONTHS, on how many days did you:

1. Drink more than a few sips of beer, wine, or any drink containing alcohol?

Put 0 if no use

2. Use any marijuana (for example, pot, weed, or hash) or "synthetic marijuana" (for example "K2" or "Spice")?

Put 0 if no use

3. Take a prescription medication or pill that was NOT prescribed to you or MORE than was prescribed to you (for example, prescription pain pills or ADHD medications)?

Put 0 if no use

4. Use anything else to get high? (for example, other illegal drugs, over-the-counter medications, and things that you sniff or "huff")?

Put 0 if no use

Did the patient answer "0" for all questions in Part A?

Yes

No



Ask CAR question only, then stop

Ask all six CRAFFT* questions below

Part B

No Yes

1. Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?

2. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?

3. Do you ever use alcohol or drugs while you are by yourself, or ALONE?

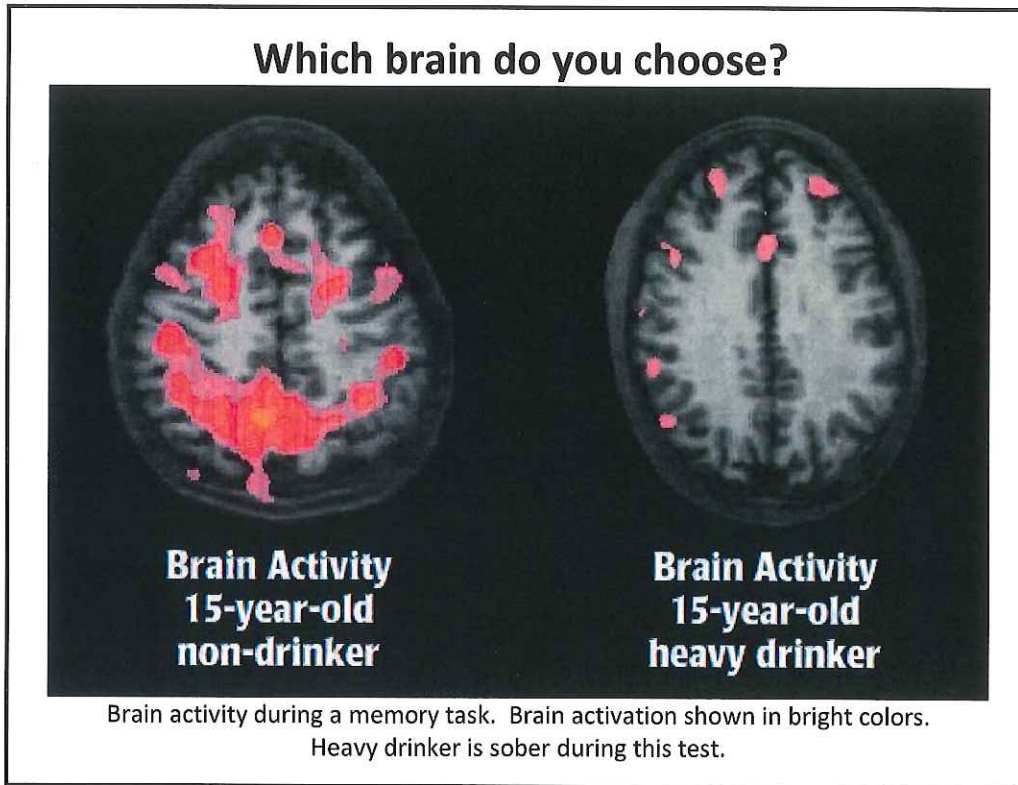
4. Do you ever FORGET things you did while using alcohol or drugs?

5. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?

6. Have you ever gotten into TROUBLE while you were using alcohol or drugs?

Why is the nurse or guidance counselor asking me about alcohol and other drugs? Asking these questions is part of good health care, just like checking your vision and hearing. Your honest answers can help the nurses and guidance counselors give you the best care.

What's the big deal about alcohol and drugs? Your body and brain are still growing. Alcohol and drugs can interfere with the way your brain develops, damaging the parts of your brain that control memory, learning, making decisions and keeping your feelings and desires under control.



Can drinking or getting high really hurt me? 1 out of every 4 teens who die in car accidents are driving while drunk or high, or riding with people who have been using drugs or alcohol. Teens who drink or use other drugs are more likely to have unsafe sex, which could lead to pregnancy, HIV/AIDS, hepatitis C or sexually transmitted diseases (STDs). Alcohol and drugs are connected with the leading causes of death among teenagers – accidental injury, homicide, and suicide.

Who can I talk to about drugs or alcohol? Who can help me if I'm concerned about myself or someone else? Your parents can let you know whether anyone in your family has (or had) problems with alcohol or drugs. Try talking to them. If you need to talk to someone else, try:

- Your School Nurse or Guidance Counselor
- Your Doctor or health care provider
- Other trusted adults, like your rabbi, minister, coach or teacher
- Lahey Health Behavioral Services Treatment Centers @ www.nebhealth.org
- SAMHSA (Substance Abuse Mental Health Services Association) @ www.samhsa.gov
- You can also call the Massachusetts Substance Abuse Information and Education Helpline at 1.800.327.5050 or go online to www.helpline-online.com